

I. Living a Healthy and Safe Life

01 Maintaining Health

(01) Being treated at a medical institution

- 01 Explaining your condition and asking a neighbor for advice
- 02 Following the procedure for first-time patients at the reception desk
- 03 Being examined by a doctor
- 04 Asking questions about ways to treat your symptoms, asking questions about measures to take in your daily life and understanding the doctor's answers

(02) Using medicines

- 01 Receiving a prescription at a medical institution and checking the contents of the prescription
- 02 Explaining your symptoms and purchasing medicines
- 03 Understanding "what the medicine is for, directions for use and points to note"

(03) Taking health precautions

- 01 Understanding information about epidemic diseases and taking appropriate measures
- 02 Understanding safety information about food and drinking water

02 Maintaining Safety

(04) Preparing for and handling accidents

- 01 Understanding various signs and notices (high voltage warning, electrification warning, "Do not enter," etc.)
- 02 Understanding how to lock doors and windows properly
- 03 Phoning the police (dial 110)
- 04 Informing a nearby person (in the case of an incident, etc.)
- 05 Asking for an ambulance
- 06 Informing a nearby person (in the case of an accident, etc.)

(05) Preparing for and handling disaster situations

- 01 Understanding local government information, notices and signs and checking relevant sites
- 02 Finding out where the evacuation site is and how to evacuate, asking someone where the evacuation site is and how to evacuate
- 03☆ Learning about earthquakes
- 04 Protecting yourself (when an earthquake occurs)
- 05☆ Learning about typhoons
- 06 Paying attention to and understanding the weather forecast and typhoon information
- 07 Phoning the fire service and the emergency services (dial 119) and phoning the police (dial 110) (when a fire breaks out, etc.)

II. Securing and Maintaining a Residence

03 Securing a Residence

(06) Securing a residence

- 01 Consulting with a real-estate agent
- 02 Selecting an area to live
- 03 Signing a rental contract
- 04 Hiring a moving company
- 05 Following the necessary procedures

04 Preparing to Use the Residence

(07) Managing the residence

- 01☆ Understanding the procedures needed before starting to use the residence
- 02 Applying for services (electricity, gas, water, etc.)

III. Life as a Consumer

05 Purchasing Goods, Utilizing Services

(08) Purchasing goods, utilizing services

- 01 Finding shops, etc. which sell the necessary goods
- 02☆ Learning that you can use different types of shops depending on their purpose
- 03 Finding shops which sell specific goods
- 04 Shopping at a department store, a supermarket, a convenience store, an electric appliance store, a book shop, etc.
- 05 Finding the goods you want to buy by looking at the information in the store and asking a clerk
- 06 Asking a clerk which section sells the goods that you want to buy
- 07 Asking a clerk about a product
- 08 Checking the price
- 09 Asking about the product's functions and price
- 10 Reading information about a product
- 11 Calculating the price and the tax
- 12 Asking if you can try a product on
- 13 Asking for the same product in a different color
- 14 Asking for the same product in a different size
- 15 Using point cards and discount vouchers
- 16 Using a credit card
- 17 Choosing and purchasing what you need
- 18 Making a payment (at the counter)
- 19 Returning or exchanging a product
- 20 Placing an order
- 21 Understanding the services available at each type of shop and their prices (utilization of restaurants, etc.)
- 22 Finding a restaurant which offers what you want to eat
- 23 Making a reservation by phone
- 24 Talking to restaurant staff
- 25 Making requests to restaurant staff, for example, the number of seats you require, smoking/non-smoking seats, etc. at a restaurant
- 26 Reading a menu
- 27 Choosing and ordering a dish
- 28 Purchasing a meal ticket
- 29 Placing an additional order
- 30 Making a payment (at a restaurant)
- 31☆ Understanding the services available at each type of shop and their prices (utilization of various services)
- 32 Finding a shop
- 33 Learning how to use services
- 34 Using the services available at convenience stores (an ATM, a fax machine, payment of utility bills, etc.)
- 35 Using a dry cleaning shop, a video rental shop, hairdressers and barbers shops
- 36 Correctly understanding information attached to a product
- 37 Understanding newspaper advertisements and flyers
- 38 Checking receipts
- 39 Understanding receipts

40 Making a payment

41 Checking whether a card can be used or not

06 Managing Your Money

(09) Using financial institutions

01 Applying for a service (opening an account)

02 Withdrawing your money

IV. Traveling to a Destination

07 Using Public Transportation Systems

(10) Using a train, a bus, a plane, a vessel, etc.

01 Asking about the departure time and how long it takes to get to the destination

02 Asking how to get to a destination

03 Using a ticket machine

(11) Using a taxi

01 Finding a taxi stand

02 Stopping a taxi in the street

03 Telling the driver the destination

04 Understanding and paying the fare

08 Traveling on Foot

(12) Traveling on foot

01 Reading an address and the name of an intersection, understanding a map of a town, etc.

02 Checking the destination on a map

03 Asking someone to draw a map

04 Checking the direction and the distance to a destination

05 Asking how to get to a destination

VII. Interacting with People

14 Building Good Relationships with People

(31) Interacting with people

01☆ Understanding the different types of greetings and their purposes

02☆ Understanding the appropriate forms of greeting in accordance with the situation

03 Learning the appropriate greeting for each occasion and using the greetings

04☆ Understanding the differences in greetings between different cultures

05 Using the greeting which is appropriate for the person you are talking to

06 Greeting people in your daily life

07 Greeting people as a way to start relationships with them

08☆ Understanding how to introduce yourself

09☆ Understanding suitable ways to introduce yourself in accordance with the situation and the person you are talking to

10 Introducing yourself officially in a business situation

11 Introducing yourself in your personal life

12 Asking questions to someone you trust when there is something you do not understand or something you are not sure about (such as general manners in Japan)

VIII. Being a Member of Society

15 Following the Rules and Manners of the Local Area and Society

(33) Following the procedures required of a resident

01☆ Understanding the type and content of various procedures

02 Inquiring at the reception desk of a government office about the location of the counter for “alien registration”

03 Checking how to make payments (various taxes)

04 Checking procedures which apply to you (the final income tax return, making an application for a tax refund)

(34) Following rules for residents

01 Checking and understanding the rules for putting the garbage out in your area by looking at living information pamphlets, etc. issued by local public agencies.

02 Asking a neighbor how to put the garbage out in your area

03 Consulting with someone about the rules

16 Taking Part in the Local Community

(35) Taking part in the local community

01 Asking a neighbor about the residents’ association in your area

02 Becoming a member of the residents’ association

03 Participating in events

IX. Living a Fulfilling Life

20 Enjoying Your Leisure Time

(44) Enjoying your leisure time

01☆ Finding out about places to spend the leisure time and how to use the places

02 Receiving advice from appropriate people

03 Obtaining word-of-mouth information from your colleagues and other people around you

04☆ Learning about the different types of local public facilities and their services

05 Asking staff how to use local public facilities

X. Collecting and Sending Information

21 Using Communications

(45) Using the postal service and home delivery services

01☆ Understanding post office services

02 Writing and sending letters and postcards

03 Responding to a notice of non-delivery

04 Receiving a home-delivered parcel

(46) Using the internet

01☆ Understanding internet services and how to use them

02 Asking someone how to do an internet search and understanding how to do it

03 Writing an e-mail

(47) Using a telephone and a fax

01 Making a phone call

02 Receiving a phone call

22 Using Mass Media

(48) Using mass media, etc.

01 Watching TV programs

Note: “I-X,” “01-22” and “(01)-(48)” respectively correspond to the “main topics,” the “sub topics” and the “small topics” regarding actions in daily life. This document does not include “V. Raising and Educating Children” and “VI. Working” contained in the “List of Topics Regarding Actions in Daily Life” on page 120 of the “Standard Draft Curriculum.”

Note: Actions with the underlined numbers (“XX”) are essential actions because they are indispensable for basic daily living or because they are related to safety and therefore need to be understood urgently. Items with the star mark (“☆”) are needed because they are indispensable for basic daily living or because they are related to safety and therefore need to be understood urgently.